



# Early Intervention & Allied Health

- *The Koorana Intervention Team offers a range of specialised supports for children and their families. We cater for all children and our focus is on providing individualised support that incorporates the latest evidence-based techniques and models of support.*

**The Koorana Team will work closely with families to develop an individualised plan which will:**

- Identify important goals for the child/ren;
- Develop strategies to help achieve these goals;
- Participate in a coaching model in which they learn to confidently implement the strategies into everyday life; and
- Enable the children to reach their full potential.

### About us

We have a diverse team of Allied Health practitioners including Speech Pathologists, Occupational Therapists, Specialist Teachers, Behaviour Support practitioners and Physiotherapists. Our team have a wide range of skills, and experience working with a range of children, both typically developing and neuro-divergent, aged from 0 – 18 years.

### Our team can support you by:

- Screening your child and working with you to develop strategies to support your child's needs;
- Assessing your child's strengths and areas they may require further support to reach your full potential;
- Providing developmental assessment and guidance to you;
- Supporting key people in your child's life (e.g., school, caregivers, family) through education, advice and skill building which will enable them to best support your child; and
- Providing direct therapeutic support to assist your child.

## How Koorana's Therapeutic Model is different:

- > Koorana works under the Key Worker model for children under the age of 7 – this is a best practice model for children in this age group;
- > Where possible, we provide therapies in 'natural settings' which is also the best practice approach;
- > We have multiple disciplines that are experienced working together as a 'Team Around the Child'; and
- > We offer flexible ways of working including telehealth and clinic space to minimise disruption to your family when required.

### Examples of ways we can support your child:

- Assist them to utilise natural abilities to achieve their developmental milestones such as fine motor skills and hand-eye coordination to help with play, school, and general self-care skills.
- Assist them to develop and maintain positive behaviours across different environments.
- Assist them to communicate in an intentional way, using sounds, words, gestures and other systems, so they can have enjoyable interactions with others in and out of the home.
- Assist them to develop language/communications skills to facilitate life-long learning and educational achievement.
- Assist them to learn social skills such as sharing and taking turns so they can make friends and engage with other children.
- Assist them to reduce stuttering and learn to speak fluently.
- Assist them to address difficulties with eating or swallowing.
- Assisting them and you to navigate picky eating.

## Flexibility and Choice

We offer a range of settings/styles to best suit your personal needs.



### Koorana Transdisciplinary Team:

If your child is accessing Early Intervention services, they can access a Key Worker within their team. The Key Worker will be your main point of contact and can assist you to coordinate all your services and supports and help empower you to confidently navigate the service system.



### Koorana Mobile Team:

The practitioner comes to you or your child – our team is mobile and can meet your child in their natural settings e.g., home, school, preschool, early learning centre.



### Koorana Online:

We can provide fun and engaging intervention delivered online from the comfort of your home at a time that suits you and your family.



### Koorana Clinics:

We have offices in Belmore and Miranda and can work in these settings if this suits your family best.

We offer a range of flexible service payment options including:

- NDIS funded services
- Medicare rebate
- Private paying clients

Find more information visit [koorana.org.au/intervention](https://koorana.org.au/intervention)

Or scan the QR code



### MORE INFORMATION

Call us **1300 566 726**

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 @koorana

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 [koorana.org.au](https://koorana.org.au)