



Koorana Occupational Therapy

➤ *Our experienced Occupational Therapists work with families and children in a holistic manner supporting them to participate in a range of activities and roles of daily life.*

What does an Occupational therapist do?

Occupational therapists support people to master the tasks that they want or need to be able to do to have a good quality of life. Goals that are meaningful to the person are developed through a client-centred holistic approach.

The tasks (or occupations) of children and young people may include:

- Self-care skills such as toilet training and dressing;
- Fine motor skills such as developing pencil and scissor skills;
- Handwriting skills and social skills such as making and maintaining friendships;
- Gross motor skills such as riding a bike or playing ball games; and
- Sensory processing skills such as targeting fussy eaters or poor attention skills.

The Koorana Occupational Therapy Team

The Koorana Occupational Therapy Team can work closely with you to develop an individualised plan which will enable you to:

- Identify and document specific goals for your child;
- Develop strategies to help achieve these goals;
- Participate in a coaching model in which you learn to confidently implement the strategies into everyday life; and
- Enable your child to reach their full potential.

Knowledge and Experience

We have a diverse team of practitioners, with a wide range of skills and experience. Our team have experience working with a broad range of children, both typically developing and neuro-divergent, aged from 0 – 18 years.

Our team of Occupational Therapists can support your child to:

- Achieve their developmental milestones such as fine motor skills and hand-eye coordination to help with play, school, and general self-care skills;
- Learn everyday tasks;
- Maintain positive behaviours across different environments; and
- Develop and learn by educating and involving parents, carers, and other key stakeholders.

Flexibility and Choice

We offer a range of settings/styles to best suit your personal needs.



Koorana Transdisciplinary Team:

If your child is accessing Early Intervention services, they can access a Key Worker within their team. The Key Worker will be your main point of contact and can assist you to coordinate all your services and supports and help empower you to confidently navigate the service system.



Koorana Mobile Team:

The practitioner comes to you or your child – our team is mobile and can meet your child in their natural settings e.g., home, school, preschool, early learning centre.



Koorana Online:

We can provide fun and engaging intervention delivered online from the comfort of your home at a time that suits you and your family.



Koorana Clinics:

We have offices in Belmore and Miranda and can work in these settings if this suits your family best.

We offer a range of flexible service payment options including:

- NDIS funded services
- Medicare rebate
- Private paying clients

If you want to find more about how to get an appointment with our Occupational Therapists, scan the QR code or visit koorana.org.au/intervention



MORE INFORMATION

Call us **1300 566 726**

Email us enquiries@koorana.org.au

 @koorana

 @koorana_child_and_family

 koorana.org.au