# Supported playgroup

### > Koorana Child & Family Services provides learning opportunities for all children and their families across Sydney.

#### What is supported playgroup?

Supported playgroups provide a structured learning environment where your child can socialise, play, and develop new skills. Koorana's supported playgroups are run by experienced Early Childhood Educators and Support Workers, who provide different activities suitable for a variety of children depending on their age and stage of development.

Staff will provide you with information about other services and community activities, as well as giving practical parenting advice.

#### What are the benefits of playgroup?

### Children meet other children in the local community and learn;

- The skills to prepare them for other educational settings such as preschool, day care, and school;
- To build independence and resilience to help them cope with change.

Parents and carers learn fun new activities to do at home to assist their child's development. This helps to build new connections between children and parents or carer as they play together and share new experiences.

Playgroups help to establish local, supportive social networks and can also provide links to local community services

#### Who can come to a playgroup?

Playgroup is FREE and open to ALL families with children aged 0 to 6 years of age. All parents, grandparents and carers are welcome to join us. We welcome children of all abilities and cultural backgrounds.

#### Where can I go to a playgroup?

Koorana run a range of playgroups in community halls and parks across the Bankstown and Canterbury region. Please contact us to find a playgroup near you.

#### How long does playgroup go for?

Playgroup runs for two hours from 10AM-12PM. They are run on various weekdays during school terms.

#### What does playgroup cost?

Playgroup is FREE and everyone is welcome.

#### What if I do not speak English?

We can arrange an interpreter for you if needed.



## FOR MORE INFORMATIONCall us02 8321 9600Email usenquiries@koorana.org.au

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